

## People living with dementia



Dementia is an overarching term for someone being affected by conditions such as Alzheimer's disease. Recognising dementia in terms of disability rights and citizenship can empower and give hope to those who are diagnosed and their families.

This selection of learning resources can be used to support evidence-informed practice with people living with dementia and their networks.



### Read

Longer read: [Social inclusion with older people and people living with dementia: Research Summary July \(2021\)](#)

Longer read: [Ageing well - Housing options and alternative modes of living for later life: Evidence Review \(2021\)](#)

Longer read: [Ageing well - Intimacy, sex and relationships in later life: Evidence Review \(2021\)](#)

Longer read: [Ageing well - Alcohol and other drugs use in later life: Evidence Review \(2021\)](#)

Longer read: [A brighter social care future: co-producing the evidence to make five key changes: Evidence Review \(2023\)](#)

Short read: [Dementia and Hope: Blog \(2023\)](#)



### Tools

[Enablement in dementia: Practice Tool \(2016\)](#)



### Watch

1 hour: [Dementia Enquirers Project: Enabling people with dementia to lead research: Video \(2021\)](#)

8 minutes: [How collaborative approaches can support people living with dementia to be 'in the driving seat' of research \(2023\)](#)

30 minutes: [Dementia and Hope: Video learning resources \(2023\)](#)



### Listen

5 minute chapters: [A lived experience perspective on adult social care practice: Audio Learning Resource \(2021\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore the [people living with dementia topic page](#).