

## Organisational and practitioner wellbeing



This selection of resources explores what enables better-than-expected outcomes in the face of adversity and how practitioners, communities and organisations can build conditions to support resilience and wellbeing, allowing practitioners and organisations to flourish.



### Read

Longer read: [Supporting wellbeing remotely: Leaders' Briefing \(2021\)](#)

Longer read: [Building emotional resilience in the children and families workforce – an evidence-informed approach: Strategic Briefing \(2016\)](#)



### Tools

[Supporting practitioner wellbeing: Practice Guide \(2022\)](#)

The Social Work Organisational Resilience Diagnostic (SWORD) [tool and workbook](#) to improve organisational resilience, including [Secure base](#), [Sense of appreciation](#), [Learning organisation](#), [Mission and vision](#) and [Wellbeing](#)

[Reflecting on your journey as an experienced social worker: Using your learning to support others: Practice Tool \(2024\)](#)



### Listen

30 minutes: [Organisational resilience: Podcast \(2024\)](#)

1 minute chapters: [Developing resilience in North Yorkshire: how the Social Work Organisational Resilience Diagnostic \(SWORD\) has been used to support practice](#)



### Watch

1 hour and 25 minutes: [Recovery, work-life balance, wellbeing: how to switch off \(2021\)](#)

20 minute chapters: [Building emotional resilience in social care teams](#)

20 minute chapters: [The Social Work Organisational Resilience Diagnostic \(SWORD\)](#)

30 minutes: [Supporting neurodivergent practitioners in your social care organisation: Video learning resources \(2024\)](#)

45 minutes: [Building and sustaining a resilient system: Video learning resources \(2024\)](#)

15 minutes: [Retaining experienced social workers: Video learning resources \(2024\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#).'

For more resources, explore the [resilience topic page](#) and the [Social Work Organisational Resilience Diagnostic](#).