

# research in practice



## Equality and diversity

An integral part of social care practice is protection and promotion of the rights of adults, children and families. Central to this is ensuring that people of all ages, with all of their diverse characteristics, have equality of opportunity and are not excluded or discriminated against. This selection of learning resources about equality and diversity can be used to support evidence-informed practice in social care.

### Read

Short read: [Supervising non-discriminatory practice with LGBTQ+ families \(2022\)](#)

Short read: [Developing anti-racist practice in social work leadership \(2022\)](#)

Longer read: [Ensuring equality, diversity and inclusion in the Family Court: Frontline Briefing \(2022\)](#)

Longer read: [More than faith - Muslim-heritage children in care: Strategic Briefing \(2022\)](#)

Longer read: [Anti-racist systems leaderships to address systemic racism: Strategic Briefing \(2024\)](#)

Longer read: [Expressions of self: supporting minoritised children's identity: Frontline Briefing \(2024\)](#)

Longer read: [Supporting children and young people who identify as LGBTQ+: Frontline Briefing \(2025\)](#)



### Listen

44 minutes: [Racism, intersectionality, privilege, power, fragility and allyship: Podcast \(2021\)](#)

32 minutes: [Identity needs of minoritised children and young people in care: Podcast \(2024\)](#)

25 minutes: [Supporting work across cultures: Podcast \(2024\)](#)

2x 50 minutes: [Anti-racist systems leadership: Podcasts \(2025\)](#)



### Tools

[Understanding, exploring and supporting children's identity development: Practice Tool \(2023\)](#)



### Watch

5 chapters: [Embedding anti-racist approaches: Video learning resources \(2022\)](#)

25 minutes: [Anti-racist approaches to workforce equity: Video \(2022\)](#)

21 minutes: [Working effectively with minoritised men \(2022\)](#)

32 minutes: [Applying the learning from the research of the Child Welfare Inequalities Project: Webinar \(2021\)](#)

30 minutes: [Understanding autism - a neurodiversity approach to supporting children and young people: Video learning resources \(2024\)](#)

32 minutes: [Supporting neurodivergent practitioners in your social care organisation: Video learning resources \(2024\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in ['Your CPD'](#).

For more resources, explore the [equality and diversity topic page](#).