

Working with domestic abuse

The term domestic abuse encompasses a range of controlling and coercive behaviours, used by one person to maintain control over another with whom they have, or have had, an intimate or family relationship. It can refer to physical, sexual, emotional, psychological or financial abuse. For example, harassment, stalking, rape, sexual assault, female genital mutilation, forced marriage and honour-based violence.

This selection of learning resources about working with domestic abuse can be used to support evidence-informed practice with adults.



Read

Quick read: [The role of occupational therapists in identifying and responding to Domestic Violence and Abuse: Views \(2022\)](#)

Longer read: [Mental capacity, intimate relationships and adult safeguarding: Frontline Briefing \(2022\)](#)

Longer read: [Aging well – Intimacy, sex and relationships in later life: Evidence Review \(2021\)](#)

Longer read: [Domestic violence and abuse: Research Summary November 2021](#)

Longer read: [Evaluation of domestic violence and abuse recovery programmes in Devon - Three whole family approaches: Research Review \(2024\)](#)



Tools

[Financial abuse: Brief Guide \(2020\)](#)

[Navigating Complex Capacity Decisions in Social Care: Practice Guides and Tools - Supporting people experiencing domestic abuse \(2025\)](#)



Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore resources for adults via the [domestic abuse](#) topic page.



Listen

1 hour and 8 minutes: [The evidence base around domestic violence and abuse: Podcast \(2022\)](#)

40 minutes: [Discriminatory abuse - developing practice responses: Podcast \(2023\)](#)

