



## Digital social care

This selection of learning resources explores how digital technology can be used alongside face-to-face practice to build relationships and support positive outcomes, as well as support organisational systems and resilience.



### Read

Longer read: [Supporting wellbeing remotely: Leaders' Briefing \(2021\)](#)

Longer read: [The Social Work Organisational Resilience Diagnostic \(SWORD\): Workbook \(2022\)](#)

Longer read: [Social work and child protection beyond the COVID-19 pandemic: Key challenges and good practice \(2023\)](#)

Short read: [Digital exclusion: the case for a culture change \(2023\)](#)

Short read: [We need to talk about overwhelm: Setting boundaries in a complex work culture \(2022\)](#)



### Tools

[Choosing Digital: Embedding digital practice in children's social work: Open access tool \(2021\)](#)



### Watch

1 hour: [Digital family contact time: sharing and building knowledge \(2020\)](#)

5-10 minute chapters: [Use of digital technologies in child and family social work: developing practice \(2023\)](#)



### Listen

40 minutes: [Supporting children and families during the pandemic: A conversation with NSPCC \(2021\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore the [digital social care topic page](#).