



## Substance use

Alcohol and drugs are an issue for many individuals and families that come into contact with social care services. Social care practitioners have a key role in working effectively with people who use alcohol and other drugs harmfully.

This selection of learning resources about substance use can be used to support evidence-informed practice with adults.



### Read

Longer read: [Ageing well – Alcohol and other drugs use in later life: Evidence Review \(2021\)](#)

Longer read: [Research Summary: supporting older people with alcohol and other drug addictions \(2019\)](#)

Quick read: [Working effectively with people who use alcohol and drugs harmfully: Views \(2019\)](#)

Quick read: [Case Law and Legal Summaries: January 2022](#) (The best interests of a man at risk of exploitation and with a history of alcohol and substance misuse to remain at a placement with some restrictions on his liberty).



### Watch

1 hour 8 minutes: [Working effectively with people who use alcohol and other drugs harmfully: Webinar \(2019\)](#)

3 minutes: [Why do people use alcohol and drugs despite the harm?: Video \(2021\)](#)

15 minutes: [The Cycle of Change: Video \(2021\)](#)



### Tools

[Working with people who self-neglect: Practice Tool \(2016\)](#)



### Listen

3 parts (10-20 minutes each): [Strengths-based conversations: Learning Pathway \(2018\)](#)

17 minutes: [County lines, criminal exploitation and cuckooing: Greater Manchester's learning: Podcast \(2019\)](#) (and [part two](#))



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD.](#)'

For more resources, explore resources for children and families within the [substance use topic page](#).