



Outcomes planning

If a person needs care or support, their outcomes are what they want to achieve as the end result of any intervention or support. Focusing on outcomes can help identify a person's strengths and assets, helping them have more control over their life and any care and support.



Read

Longer read: [A brighter social care future: co-producing the evidence to make five key changes: Evidence Review \(2023\)](#)

Longer read: [Promoting positive approaches to risk across organisations: Strategic Briefing \(2021\)](#)

Longer read: [Supporting intimacy and relationships in later life: Practice Tool \(2023\)](#)

Longer read: [Working together across the housing and social care workforce: Practice Tool \(2023\)](#)

Longer read: [Supporting legal literacy across social care and housing: Practice Tool \(2023\)](#)

Various resources: [Good decision-making in adult social care: Change Project Resources \(2025\)](#)



Watch

15-10 minute chapters: [Intersectionality and older people: Video Learning Resources \(2022\)](#)



Listen

27 minutes: [Exploring the value of storytelling in social care \(2022\)](#)

5 minute chapters: [A lived experience perspective on adult social care practice: Audio Learning Resource \(2021\)](#)



Tools

[Assessment: Brief Guide \(2023\)](#)

[Supporting practice with older carers: Practice Tool \(2025\)](#)



Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore the [outcomes topic page](#).