

# research in practice



## Working with risk

Practitioners must often balance the complexities of risk with that of ensuring people are able to live the lives they wish. Risk enablement, or positive risk-taking, is the process of balanced decision-making in relation to risk and rights.

This selection of learning resources about working with risk can be used to support evidence-informed practice with adults.



### Read

Longer read: [Ageing well – Alcohol and other drugs use in later life: Evidence Review \(chapter three\) \(2021\)](#)

Longer read: [Promoting positive approaches to risk across organisations: Strategic Briefing \(2021\)](#)

Longer read: [Professional curiosity in safeguarding adults: Strategic Briefing \(2020\)](#)

Short read: [Supporting people with learning disabilities to have positive sexual relationships; Views \(2019\)](#)

Short read: [What is safeguarding adults? Brief Guide \(2025\)](#)



### Watch

1 hour: [Human rights principles in practice; Recorded Webinar \(2020\)](#)

10 minutes: [Risky business: Working with risk; Videos \(2024\)](#)



### Listen

22 minutes: [Person-centred approaches to adult mental health: Podcast \(2019\)](#)



### Tools

[Working with people who self-neglect: Practice Tool \(2020\)](#)

[Risk enablement: Frontline Briefing \(2016\)](#)

[Digital inclusion. Using digital technology positively and safely: Practice Tool \(2022\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore the [working with risk topic page](#).