

# research in practice



## Digital social care

Social care practitioners are increasingly working in a digital world. This topic explores how digital technology can be used alongside face-to-face practice to build relationships and support positive outcomes, as well as support organisational systems and resilience.

This selection of learning resources about digital social care can be used to support evidence-informed practice with adults.



### Read

Quick read: [Digital exclusion: the case for a culture change: Views \(2023\)](#)

Quick read: [Driving Digitalisation: Using research to implement new technologies: Views \(2023\)](#)

Quick read: [Transforming adult social care with digital technology: Views \(2022\)](#)

Quick read: [We need to talk about overwhelm: Setting boundaries in a complex work culture: Views \(2022\)](#)

Longer read: [Supporting wellbeing remotely: Leaders' Briefing \(2021\)](#)



### Listen



25 minutes: [Digital social care: Podcast \(2021\)](#)

24 minutes: [Virtual supervision: A supervisor's perspective: Podcast \(2020\)](#)



### Watch

12 minutes: [Strengths-based practice: Digital meetings: Videos \(2021\)](#)

3 hours: [Adults Link Officer Annual Meeting: Virtually everything – sharing our learning so far \(2020\)](#)



### Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore resources for adults via the [digital social care](#) topic page.