



Human Rights

Human rights underpin adult social care and law. Central to this is the respectful relationship and trust that practitioners build as well as the promotion of rights-based social care practice. This selection of learning resources about human rights can be used to support evidence-informed practice with adults.



Read

Longer read: [A brighter social care future: co-producing the evidence to make five key changes: Evidence Review \(2023\)](#)

Longer read: [Embedding human rights in assessment for care and support: Frontline Briefing \(2020\)](#)

Longer read: [Human rights and ethical social work: Research Summary \(2021\)](#)

Longer read: [Risks, rights, values and ethics: Frontline Briefing \(2018\)](#)

Quick read: [Liberty Protection Safeguards: What are the implications of the delay? \(2023\)](#)

Quick read: [Good work for all: Disability rights begins with equality in employment \(2022\)](#)

Various Resources: [Good decision-making in adult social care: Change Project Resources \(2025\)](#)



Listen

26 minutes: [Risks, rights and the role of the state: Grounded professional judgement \(2018\)](#)

34 minutes: [Risks, rights, values and ethics \(2018\)](#)



Watch

[The Liberty Protection Safeguards – where next? Video learning resources \(2023\)](#)

1 hour: [Human rights principles in practice \(2020\)](#)



Tools

[Supporting good court craft: Practice Tool \(2019\)](#)

[Navigating Complex Capacity Decisions in Social Care: Practice Guides and Tools \(2025\)](#)



Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, consider exploring resources mapped onto the [Professional Capabilities Framework](#), rights justice and economic wellbeing.