

research in practice

Resources for Occupational Therapists



This selection of resources has been designed to support Occupational Therapists (OTs) in adult social care in a range of practice areas. They will also be useful for other practitioners across adult social care to develop their understanding of occupational therapy.

Read

Longer read: [A social approach to supporting and empowering disabled people in housing: Frontline Briefing \(2023\)](#)

Longer read: [Good Assessment Practitioners' Handbook: Second edition \(2022\)](#)

Longer read: [Occupational therapy in adult social care: Frontline Briefing \(2021\)](#)

Longer read: [Embedding human rights in assessment for care and support: Frontline Briefing \(2020\)](#)

Longer read: [Embedding strengths-based practice in social care: Frontline Briefing \(2019\)](#)

Short read: [The role of occupational therapists in identifying and responding to Domestic Violence and Abuse: Views \(2022\)](#)

Tools

[Working together across the housing and social care workforce: Practice Tool \(2023\)](#)

[Virtual conversations: Practice Tool \(2021\)](#)

[Enablement in dementia: Practice Tool \(2016\)](#)

Watch

10 minutes: [Risky business: Working with risk: Film \(2024\)](#)

[Relational and effective Care Quality Commission assurance: Video learning resources \(2024\)](#)

[Intersectionality and older people: Video learning resources \(2022\)](#)

Listen

23 minutes: [Person-centred approaches to adult mental health: Podcast \(2019\)](#)

15 minutes (2 episodes): [Experts by Experience at The Bridge Collective: Audio learning resources \(2020\)](#)

20 minutes: [Working together, learning together: A lived experience guide to co-production: Podcast \(2021\)](#)

Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.