research in practice

Equality, Diversity and Inclusion

An integral part of social care practice is protection and promotion of the rights of adults, children and families. Central to this is ensuring that people of all ages, with all of their diverse characteristics, have equality of opportunity and are not excluded or discriminated against.

This selection of learning resources about equality and diversity can be used to support evidence-informed practice with adults.

Read

Quick read: **Developing practice with discriminatory abuse (2022)**

Longer read: **Autism inclusive practice: Frontline Briefing (2020)**

Quick read: **Supporting people who identify as LGBTQ+: Views (2023)**

Longer read: **A social approach to supporting and empowering disabled people in housing: Frontline Briefing (2023)**

Longer read: **Anti-racist systems leadership: Strategic Briefing (2024)**

Longer read: **Delivering person-centred care for the UK's culturally diverse communities: Frontline Briefing (2024)**

Various resources: **Equity: Change Project Resources (2024)**

Watch

15-25 minute chapters: **Intersectionality and older people: Video Learning Resources (2022)**

Supporting neurodivergent practitioners in your social care organisation: Video learning resources (2024)

Tools

Digital inclusion. Using digital technology positively and safely: Practice Tool - Easy read version (2022)

Listen

43 minutes: **Racism, intersectionality, privilege, power, fragility and allyship: Podcast (2021)**

40 minutes: **Discriminatory abuse - developing practice responses: Podcast (2023)**

30 minutes: **Using intersectionality to increase equity: a discussion about the Equity Change Project: Podcast (2024)**

25 minutes: **Supporting work across cultures: Podcast (2024)**

Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '**Your CPD**'.

For more resources, explore the **equality and diversity** topic page.

All resources are date stamped. We aim to regularly review and update content across our extensive catalogue of materials as often as capacity and resource allows.