

Substance use

Alcohol and drugs are an issue for many individuals and families that come into contact with social care services. Social care practitioners have an important role in working effectively with people who use alcohol and other drugs harmfully.

This selection of learning resources about substance use can be used to support evidence-informed practice with children, young people and families.

Read

Quick read: [Working effectively with people who use alcohol and drugs harmfully: Blog \(2019\)](#)

Longer read: [The impact of parental substance use on child development: Frontline Briefing \(2020\)](#)

Longer read: [Fetal Alcohol Spectrum Disorders \(FASD\) – identifying and responding in practice with families: Frontline Briefing \(2017\)](#)

Listen

15 minutes: [County lines, criminal exploitation and cuckooing: Greater Manchester's learning: Podcast \(2019\) \(and part two\)](#)

30 minutes: [A sister's experience of county lines: Podcast \(2020\)](#)

Watch

3 minutes: [Why do people use alcohol and drugs despite the harm?: Video \(2021\)](#)

30 minutes: [Issues with the 'Toxic Trio': terminology and now the evidence base too \(2021\)](#)

Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '[Your CPD](#)'.

For more resources, explore the [substance use](#) topic page.