research in practice

Involving people

Gathering and using meaningful feedback from people who have experienced services is fundamental to design and delivery. Whether at an individual care and support planning level, or more strategically, involving people in the design and delivery of support is underpinned by the legislative and policy backdrop across adult social care.

This selection of learning resources about involving people can be used to support evidence-informed practice with adults.

Read

Longer read: **Co-production and strengths-based practice: Leaders' Briefing (2020)**

Longer read: **Difficult conversations in social care: Frontline Briefing (2023)**

Longer read: **A brighter social care future: co-producing the evidence to make five key changes - Evidence Review (2023)**

Short read: **Sharing power as equals - Views (2024)**

Watch

5 minutes: **Developing effective and person-centred mental health support for Deaf and hard of hearing people (2022)**

1 hour: **Community capacity and co-production – building a shared future: Leaders' Forum 2020**

8 minutes: **How collaborative approaches can support people living with dementia to be 'in the driving seat' of research (2023)**

7 minutes: **System change (2024)**

20 minutes: **Reimagining possibilities using a neighbourhood approach (2022)**

Tools

Supporting practice with older carers: Practice Tool (2025)

Tools to support those working with intersectionality, equity, allyship and justice in adult social care (2024)

Listen

27 minutes: **Exploring the value of storytelling in social care (2022)**

20 minutes: **Working together, learning together: A lived experience guide to co-production (2021)**

35 minutes: **Talking about co-production and evidence with Social Care Future (2024)**

Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in '**Your CPD**'.

For more resources, explore the **involving people topic page**.

All resources are date stamped. We aim to regularly review and update content across our extensive catalogue of materials as often as capacity and resource allows.